

## INSTRUCTION SHEET (FOR ORAL SWAB TEST)

**This test is required of all persons claiming non-tobacco user status and are applying for \$150,000 of coverage or less on their life insurance application. You will need to find a medic or other qualified medical personnel to monitor this test. Once this is done, you will need about 5 minutes of their time to help you complete this test, which will check for Nicotine in the applicant's system. Before starting the test, please provide the medic with the sheet that says "EpiScreen Collection Procedures".**

1. Please sign the enclosed form on the line that says "Signature of Proposed Insured / Legal Guardian" and print the date in the boxes to the right.
2. Please sign the Oral Fluid Vial Tamper Tape label (located at the bottom of the form) where it says "Proposed Insured Signature", and print the date on the "Date" line above.
3. While being monitored by authorized medical personnel, open the package containing the OraSure vial and swab.
4. On the line that says "Subject Name" on the OraSure vial, print the first initial of your first name, then a period, and then your last name.
5. On the line that says "Subject ID" on the OraSure vial, print your social security number.
6. On the line that says "Collection Date" on the OraSure vial, write today's date.
7. Carefully open the packaged swab and remove it from the package while holding it by the blue plastic handle.
8. Rub the white part of the swab on the base of your gums on your lower jaw. Do this in a back and forth motion about 3-5 times then let it sit between your cheek and gums for 3 minutes.
9. After the swab has been in your mouth about 2 and a half minutes, pick up the OraSure vial with the pointed end facing down.
10. Remove the cap of the OraSure vial but do not spill any of the liquid contained within the vile.
11. After the swab has been in your mouth for three minutes, remove the swab from your mouth and place the white end of the swab into the open OraSure vial pressing it in as far as it will go.
12. Break the blue plastic handle at the edge of the vial (it is cut and will break off with little effort).
13. Snap the lid onto the OraSure vial. You will feel it double click as it goes completely on.
14. Have the medical personnel who is supervising initial the Oral Fluid Vial Tamper Tape where it says "Facilitator Initials" and sign the above form where it says "Signature of Facilitator".
15. Have the medical personnel remove the Oral Fluid Vial Tamper Tape from the bottom of the form and seal the lid to the OraSure vial with it.
16. Place the sealed vial into the small plastic bag with the biohazard symbol making sure to close it securely.
17. Place the signed forms along with the bag containing the vile into the provided return envelope and mail it to:

Bob McDonald  
Regional Director  
14309 Toepperwein Rd., Suite 104  
San Antonio, TX 78217